

The Weekly Handout

Issue 38, 2011

Dr. Charles M. Laycock

Hot Spiced Cranberry Cider



Ingredients

- 2 quarts apple cider
- 6 cups cranberry juice
- 1/4 cup packed brn. sugar
- 4 cinnamon sticks
- 1 1/2 tsp whole cloves
- 1 lemon, thinly sliced

Directions

In a large pot, combine apple cider, cranberry juice, brown sugar, cinnamon sticks, cloves and lemon slices. Bring to a boil, reduce heat, and simmer for 15 to 20 minutes. With a slotted spoon, remove cinnamon, cloves, and lemon slices. Serve hot.

Office Hours:

Mon: 8:30am-12pm & 2:30pm-6:30pm

Tues: 8:30am-12pm & 2:30pm-5pm

Wed: 8:30am-12pm & 2:30pm-6:30pm

Fri: 8:30am-12pm & 2:30pm-6:30pm

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Green Bean Bundles

Ingredients

- 1 pound fresh green beans, trimmed
- 8 bacon strips, partially cooked
- 1 tablespoon finely chopped onion
- 3 tablespoons butter or bacon drippings
- 1 tablespoon white wine vinegar
- 1 tablespoon sugar
- 1/4 teaspoon salt



Directions

Cook the beans until crisp-tender. Wrap about 15 beans in each bacon strip; secure with a toothpick. Place on a foil-covered baking sheet. Bake at 400 degrees F for 10-15 minutes or until bacon is done. In a skillet, saute onion in butter until tender. Add vinegar, sugar and salt; heat through. Remove bundles to a serving bowl or platter; pour sauce over and serve immediately.



November 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4 Fun Friday!!	5
6	7	8 Election Day	9	10	11 Dr. Geer In Office <i>Dr. Laycock Out Of The Office</i>	12 Veterans Day
13	14 Dr. Geer In Office <i>Dr. Laycock Out Of The Office</i>	15	16 Dr. Geer In Office	17	18 Fun Friday!!	19
20	21	22	23	24 Office Closed	25	26
27	28	29	30			



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