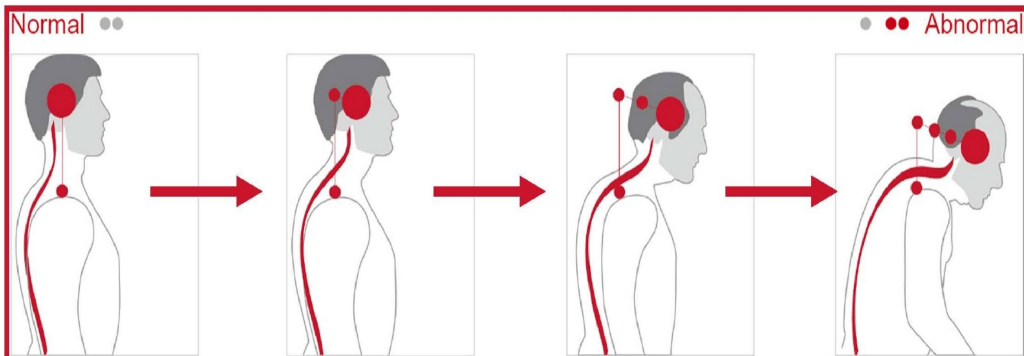


Issue 21, 2011

Today's Chiropractic Weekly Handout

Dr. Charles M. Laycock

Posture is the Window to the Spine!



When your posture fails your joints suffer! So many people shrug off poor posture as if it was a like biting their fingernails. Bad posture will cause accelerated arthritis and rapid degeneration that is irreversible. Regular adjustments promote better posture and prevent degeneration.

Which one of these looks like you???

**Miss an issue of The Weekly Handout? Visit our
web site to catch up on all of the past issues!**

Chiropractic And The Nervous System

How is it that Chiropractic health care can be so effective across so broad a range of conditions? The key is that Chiropractic care focuses on restoring more normal function within the nerve system. The nervous system is responsible for directing and coordinating all the functions in your body. When the nervous system works right, your body can begin to recover effectively from many kinds of problems.

Chiropractors are specialists in analyzing and correcting nerve interference, Chiropractic care restores the free flow of information between your brain and the rest of your body. When your body's physiologic systems receive accurate information - on time and in the right sequences - they can do the jobs they were designed to do. The result is dynamic, vibrant, fully expressed health and well-being.

To make sure that your nervous system is functioning at its best at all times, be sure to come in for your regular adjustments!

Today's Chiropractic Clinic

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Office Hours:

Monday/Wednesday/Friday:

8:30am-12pm & 2:30pm-6:30pm

Tues: 8:30am-12pm & 2:30pm-5pm

~ Serving Our Community Since 1990 ~